

Universal Packing List

Keeping a "Family Packing List" is a great way to limit the number of times you say "oh I forgot to bring that" during your travels. Below is a fairly detailed list to get you started. You won't need everything on this list for every trip. There may be some things your family needs to pack that isn't included below. Just use this to get started and as you pack you can add/remove items as needed. Keep your updated list for the next time you travel.

Adult Clothes - Jacket/Coat, Scarf/Gloves, Shirts, Bottoms (pants/shorts/skirts), PJs, Under Garments, Belt, Swimsuit, Socks, Hat, Tennis Shoes, Sandals, Sunglasses, Jewelry, Special Occasion Outfits (do you need your running clothes or a fancy dress/shoes for a nice dinner)

Toiletries - Cotton Balls, Q Tips, Brush, Hairspray/Moose/Gel, Shampoo, Conditioner, Perfume, Tweezers, Nail Clippers, Tooth Brush/Paste, Floss, Make Up, Make Up Remover, Face Soap, Hair Dryer, Nail Polish, Nail Polish Remover, Nail File, Deodorant, Bath Sponge, Soap, "Feminine Products", Razor, Shave Gel, Lotion, Curling/Flat Iron, Sunblock, Bug Spray, Contact Lens Case/Solution

Children - Stuffed Animals, Toys, Portable Crib w/ Blankets, Infant Carrier, Hat, Diapers/Wipes or Undies, Swimsuit/Swim Diapers, Water Wings, Bibs, Clothes, Shoes, PJs, Toiletries, Jacket/Coat, Scarf/Gloves

Medicines - Headache Meds, Allergy Meds, Tylenol, Tums, Children's Meds, Prescription Medications

Food - Snacks, Breakfast Foods, Milk, Cups/Plates, Paper Towels, Silverware, Bottles or Sippy Cups, Bottle Brush, Refillable Water Bottles, Baby Food, Formula, Snack Bowls

Miscellaneous - Money & Cards, Air Mattress, Sheets, Blanket, Pillow, Bible, Alarm Clock, Camera, Towels, Paper/Pen, Clothes Detergent, Dryer Sheets, Plastic Bags (ziplock for packing toiletries and trash bags for carrying home dirty/wet laundry), Umbrella, Books, Poncho, Tickets/Itinerary, Directions, Reservation Confirmations, Movies, Computer with Charger, Phone Charger, Quarters for Laundry Machines, Wet Ones Wipes, [First Aid Kit](#), Backpack, Flashlight, Extra Batteries for Electronics

Additions For Your Family - _____

Tips for Packing Smart:

1. Plan to use only one or two pairs of shoes.
2. Plan to do laundry mid-trip. Only pack outfits for half of the days you will be gone then do laundry and wear everything a second time.
3. If you plan to purchase and wear t-shirts during your trip, you don't need to bring as many from home.
4. If traveling by plane, keep important items in your carry on or purse - prescriptions, itinerary, confirmations, tickets, passport, photo ID, credit cards, valuables, etc.
5. If traveling by car, be sure to pack plenty of snacks and activities to keep everyone happy during the trip. *Here's more on [Travel With Children](#).*